

Studentcounselling BAföG & Social affairs **AStA of the Europa Uni Flensburg** **Psychosocial counselling**

No path in sight...?

The everyday demands of life can easily cause a 'human being' to stumble.

If the overview gets lost, there is often no way out in sight.

The social counselling service of the AStA offers support in a personal conversation with problems concerning studies, e.g.

- The organisation of work during studies needs new impulses ...
- The red thread gets lost in exam preparation ...
- Everyday life and studies are always on a collision course ...
- Mental stress situations become overwhelming...

All consultations are subject to confidentiality and can be conducted anonymously.

The consultations do not replace psychotherapeutic counselling.

Studentcounselling

BAföG & Social affairs

Dipl. Päd. Catja Weißenberger

Consulting hours in room OSL 054

Tuesday 09:00 – 11:00 am

Thursday 09:00 – 11:00 am

Introductory information and notes on

Consultation hours:

www.asta-uni-flensburg.de
under Service

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